

TACOS
One \$4.95 Two \$6.95 Three \$8.95

Soft or hard tortillas filled with iceberg lettuce, ground beef, chicken or steak, pico de gallo and cheddar cheese. Served with rice, beans and sour cream on the side.

NACHOS

Grande \$4.95
 Fresh corn chips topped with jack & cheddar cheese.

Muy Grande \$6.95
 Fresh corn chips topped with ground beef, Pico de Gallo, lettuce, banana peppers, scallions, beans & melted cheese.

Fantastico \$8.95
 Fresh corn tortilla chips smothered with jack and cheddar cheese, ground beef, beans, lettuce, tomatoes, scallions and sliced jalapenos. Topped with sour cream & guacamole.

BURRITOS

Poor Man's Burrito \$9.95
 Grilled chicken or steak, iceberg lettuce, cheddar cheese, tomatoes, crispy fried onions and BBQ beans. Served with sour cream.

Burrito Ranchero \$9.95
 Grilled chicken or steak, mixed greens, grilled vegetables, avocado, tomatoes and fresh mozzarella cheese. Served with sour cream & salsa.

Wild Texan Burrito \$9.95
 Grilled chicken or steak, rice, beans, cheddar cheese, Pico do Gallo, iceberg lettuce. Served with sour cream.

Tropical Burrito \$9.95
 Grilled chicken, lettuce, jack cheese, mango salad (mango, peppers, onions, cilantro and lemon). Served with sour cream & mango chutney.

HOMEMADE SOUP

Ay! Caramba! Shrimp Soup \$5.95
 A saucy scallion and pepper broth flavored with lemon, cilantro, scallions, chopped tomato, peppers and cilantro sauce, grilled shrimps and topped with sliced avocado.

South of the Border Chicken Soup \$4.95
 Chicken broth infused with cilantro and scallions, rice, tomatoes and tender chunks of Chicken breast. It is penicillin for all that ails you.

Black Bean Soup \$4.95
 A vegetable broth, slowly simmered black beans, and a myriad of spices to create a thick delicious and smooth nectar worthy of the gods.

Tortilla Soup \$5.95
 Chicken broth, corn tortillas, a touch of cheddar cheese, cilantro and south of the border spices. Yeah baby!

AY! CARAMBA DESSERTS

Churros \$1.50
 One éclair-like pastry dough, fried and then rolled in a cinnamon sugar.

Sopapilla \$5.95
 Cinnamon tortillas topped with vanilla ice cream and drizzled with chocolate sauce.

Ay! Caramba! Peaches \$5.95
 Cinnamon flavored tortillas topped with vanilla ice cream, sliced Peaches and a wisp of whipped cream.

Fried Ice Cream \$5.95
 Fried vanilla ice cream drizzled with chocolate sauce topped with whipped cream and sliced fresh banana.

SMOOTHIES

A hurricane of delicious refreshing nutrition blended into the meal that eats like a desert.

Black and Blue Margarita \$5.95
 Blueberries, Blackberries, Banana, and Apple Juice

Sunny Bunny Banana \$5.95
 Peaches, Orange Juice and Banana

Acapulco Sunset \$5.95
 Strawberries, Banana and Orange Juice

Pacific Breeze \$5.95
 Pineapple, Banana and Strawberries

Aztec Buzz \$5.95
 Banana, Espresso, Chocolate and Café Latte

Super C \$5.95
 Orange Juice, Cranberry Juice and Mango

Add a double scoop of high quality protein powder for \$2.00

VEGETARIAN QUESADILLAS

Two multi grain tortillas toasted and folded on a hot griddle.

Mexicana \$8.95
 Jack cheese, tomatoes, cucumbers roasted peppers, breaded and fried eggplant, cilantro infused pesto.

Santa Maria \$8.95
 Jack cheese, rice, black beans, guacamole, and corn green salsa.

Chicana \$9.95
 Fresh mozzarella cheese, Portobelo mushrooms, artichoke hearts, black olives, spinach, sun dried tomatoes, jalapenos and Creole sauce.

Ay! Caramba \$9.95
 Jack, black beans, Pico de Gallo, scallions, avocado and sour cream.

VEGETARIAN BURRITOS

One giant burrito wrapped in a 12' whole wheat tortilla

B&B (bean burrito) \$8.95
 Beans, Cheddar cheese, and rice.

Mission Burrito \$8.95
 Black beans, rice, salsa, and mescalín salad.

Wet Burrito \$9.95
 Black beans, Pico de Gallo, jack and cheddar cheeses, avocado and sour cream.

Smokey Joe Burrito \$9.95
 Breaded and fried eggplant tossed in chipotle sauce with carrots, corn, celery, sweet potatoes, cheddar cheese and blue cheese dressing.

Ay! Caramba! \$9.95
 Iceberg lettuce, mixed vegetables, black beans, rice, guacamole & red salsa.

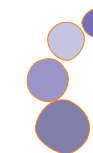


WE DELIVER \$15 MINIMUM



RESTAURANT HOURS

Mon. - Closed
 Tues. - Sun.
12 pm. to 10 pm.



516-670-8100

6 WEST PARK AVE. LONG BEACH, NY

visit us on the web at myaycaramba.com



APPETIZERS

Guacamole and Chips Crispy homemade corn chips dancing around a mountain of freshly prepared guacamole.	\$6.95
Salsa and Chips Corn Chips and fresh salsa, a perennial all time favorite.	\$5.95
Sweet Fried Plantains One taste of these ripe fried plantains and you'll go bananas.	\$3.45
Tostones with Garlic Mojo Green plantains fried to a crisp with garlic sauce on the side. So good!	\$3.45
Sweet Potato Fries Sweet potatoes fried into crisp delicious strips of sugary goodness.	\$3.45
French Fries This side of the border. Made to order never tasted so good.	\$3.45
Spicy Fries French Fries kicked up notch or two.	\$3.45
Ay! Caramba Fries Fries with melted cheese, scallions, Creole sauce and sour cream.	\$5.95
Chili Fries Fries topped with ground beef, beans and melted cheese. A sin!	\$6.95
Temptation Rings Classic battered crispy onion rings topped with jack and cheddar cheese.	\$4.95
Flautas Three fried flour tortillas rolled up stuffed with chicken and topped with Creole sauce, guacamole and sour cream.	\$5.95
Nuclear Bombs Six fried cheddar or cream cheese stuffed jalapeno peppers served with scallion and pepper sauce.	\$4.95
Skinny Gorditas A homemade corn and cheese tortilla topped with chopped mixed vegetables, chopped chicken breast and topped with melted jack and Cheddar cheese. Our homemade spicy green corn salsa on the side.	\$4.95
Gorditas Rancheras A homemade corn and cheese tortilla topped with black beans, imported chorizo, Pico de gallo, and topped with melted cheese. Our own homemade spicy green corn salsa on the side.	\$5.95
Ay! Caramba Gorditas A homemade corn and cheese tortilla topped with Pico de gallo, shrimp, melted Jack and Cheddar cheese with salsa verde on the side.	\$5.95
Empanadas de Chicken, Beef or Vegetables Two pastry shells filled with, mixed vegetables, cheese, Rice and potatoes. Served with a side of spicy scallion and pepper sauce.	\$3.95
Chicken Fingers Strips of breaded chicken breast, served with our homemade honey mustard dressing or BBQ sauce.	\$4.95
Chipotle Chicken Wings Smokey chipotle chilies add the fire to this traditional snack to make you soar on wings of pure delight. We dare you to eat just one. Ten pieces per serving.	\$7.95

QUESADILLAS

Quesadillas are Mexico's favorite snack. They are a simple good food made with flour tortillas and filled with all kinds of goodies. Toasted on a hot griddle and folded to make a cheesy turnover. They are a little piece of eatable heaven.

Traditional Cheddar or Jack Cheese.	\$3.95
Double Cheese Cheddar and Jack cheese.	\$4.50
Triple Cheese Jack, Cheddar and Mozzarella.	\$4.95
Quattro Cheese Jack, Cheddar, Mozzarella and Goat.	\$5.75
Grilled Chicken And Jack Cheese.	\$8.95
Grilled Steak And Cheddar Cheese.	\$8.95
Grilled Steak Jack and Caramelized Onions.	\$8.95
Steak or Chicken Jack with Black beans or Pinto beans.	\$8.95
Grilled Imported Chorizo With Jack or Cheddar.	\$8.95
Garden Jack and Seasonal grilled vegetables.	\$8.95
Santa Fe Jack, Corn Salsa Black Beans, Scallions and Banana Peppers.	\$8.95
Orient Express Jack, Mushrooms, Sesame Seeds & Chinese BBQ sauce.	\$8.95
Wild Billy BBQ Chicken with Cheddar & Chile Peppers	\$8.95
Cajun Chicken or Steak Jack with Pickled Peppers and Creole Sauce.	\$8.95
Shrimp Jack and Sliced Avocado.	\$9.95
Don Jose Jack, Potato, Chorizo & Caramelized Onions.	\$8.95
Bite Me Fiery Roasted Chiles and Jack Cheese.	\$6.95
El Jefe Ground Beef, Onion, Tomato and Cheddar Cheese.	\$8.95
Pollo Loco Jack, Jerk Spiced Chicken, Mango Chutney and Toasted Coconut	\$8.95

Due to the volatility of the markets prices may change without notice.

WRAPS

Your choice of spinach, jalapeno, garlic or sun-dried tomato tortilla.

Caesar Grilled Chicken, romaine lettuce smothered in our own homemade creamy Caesar salad dressing. Served with spicy green corn salsa.	\$9.95
Italian Breaded and fried chicken, eggplant, fresh mozzarella, tomatoes, homemade basil pesto and shredded iceberg lettuce. Served with a mildly spiced tomato Creole sauce.	\$9.95
Chee Waa Waa Grilled chicken or steak, carrots, lettuce, tomatoes, red onions, cucumber and fresh mozzarella cheese, all tossed in cilantro dressing.	\$9.95
Greek Chicken Grilled chicken, Feta cheese, lettuce, roasted peppers, red onions, tomatoes and black olives smothered in our homemade tzatziki sauce.	\$9.95
Buffalo Chicken Wrap Sliced chicken breast smothered in a savory buffalo sauce with jack cheese, carrot, iceberg lettuce, fresh sliced mango and celery. Served with chunky blue cheese dressing.	\$9.95
Alamo Wrap Breaded Chicken Breast, with mixed greens, fresh diced mango, banana, peach and our homemade honey mustard dressing. Served with mango chutney.	\$9.95
Crab, Shrimp and Avocado Blue claw crabmeat and shrimp, sliced avocado, chopped plum tomatoes, cucumbers, lettuce and carrots all wrapped up in a bundle of yummy goodness.	\$11.95

SALADS

Add \$2.50 for chicken or \$3.00 for steak.

Served with your choice of balsamic vinaigrette, ginger soy, honey mustard, blue cheese, italian or cilantro dressing.

Calypso Salad Cold white rice, black beans, chopped red onions, tomatoes, bell peppers, cilantro, fresh squeezed lemon juice, and red wine vinegar. Served in a basket shaped tortilla shell and topped with sliced avocado.	\$7.95
Warm Mediterranean Salad Warm mixed vegetables, served over mixed greens with chopped tomatoes, cucumbers, and onions topped with sliced avocado.	\$8.95
Caribbean Salad Mixed greens tossed with fresh sliced banana, mango, oranges, carrots, tomatoes, red onions, cucumbers, and fresh mozzarella cheese.	\$6.95
Acapulco Salad Iceberg lettuce, tomatoes, onions, cilantro, and diced fresh mozzarella cheese in a lite lemon and jalapeno dressing topped with orange slices.	\$6.95
Taco Salad Basket Iceberg lettuce, tomatoes, scallions, and cheddar cheese. Served in a basket shaped tortilla shell. Served with cilantro dressing.	\$6.95